

**Training programme on
Value added products of Soybean for rural women
At Uldepur village, Sonipat district, Haryana state
Organized by Division of Agricultural Extension, ICAR-IARI, New Delhi**

Three-days training programme was conducted in Uldepur village, Sonipat district, Haryana state during October 11-13, 2017 on **Value Added Products of Soybean** by the Division of Agricultural Extension, ICAR-Indian Agricultural Research Institute (ICAR-IARI), New Delhi under the UNDP funded project '**Strengthening Agri-nutri linkage for enhancing nutritional security and empowering farm women in India: Leveraging Agriculture for Nutrition**'. A group of 50 rural women from Uldepur village, belonging to various Self Help Groups and Angwanwadis participated in the training.

Soybean was selected as main theme of current training because it is rich in protein, calcium and other nutrient content. And value added products of soybean can be used both for home consumption and commercial purpose.

Under this training programme, simulation exercises were conducted and videos on soybean and its nutritional benefits, soybean products preparation, nutrition and women empowerment were shown to the trainees. Demonstrations on post-harvest products of Soybean like soymilk, tofu, soy pakoda etc. were organized on the second day for nutritional as well as economic security of rural women.

The resource persons for the third day were Mr. Rajesh Sharma, Director PNB, Rural Self-Employment Training Institute (RSETI), Sonipat and Raj Kiran Johri, DDM, NABARD, Sonipat, Haryana. The resource persons stressed upon entrepreneurship development programme and marketing strategies for selling the value added products *etc.* Further, information pertaining to ongoing governmental schemes were given. Sessions on NABARD Bank and PNB rural self-employment training institute Sonipat linkages were also delivered.

Pre & post-tests on knowledge of the trainees' on Soybean, general nutrition, agricultural technologies, etc. were conducted. At the end of the training, seeds of low erucic acid Mustard variety (Pusa 30) developed by ICAR-IARI were distributed to the trainees. The three best trainees were identified as 'Krishi Sakhi' who were awarded with Pusa nutri kitchen garden kit. Then, certificates were distributed to all the trainees.

The three days training successfully ended with vote of thanks for all who helped in conducting the training programme.

Dr. V Sangeetha, Course Director and Scientist (Agricultural Extension) and the Project staffs viz., Dr. Prince Kumar, SRF, Mr. Ravi Shankar, SRF, Ms. Renu, Field Assistant and Mr. Ankush Kumar, Field Assistant organized the training programme under the guidance of Dr. Satyapriya (PI, UNDP Project) and Dr. Premlata Singh (Head, Agricultural Extension and Co-PI).

Glimpse of training programme



Pre & post test taken by the trainees

Lecture on value added product of Soyabeen



The prepared soymilk is being tasted by the participants

Experience sharing by the participant



Lecture on banking facilities available to rural women

Seed and certificate distribution to the participants