

Training on “Nutritional security and economic empowerment of farm women” under UNDP funded project to the rural women at Sandel kalan village, Sonipat district, Haryana

Division of Agricultural Extension, ICAR – Indian Agricultural Research Institute (ICAR-IARI), New Delhi, organized a three day training programme on “Nutritional security and economic empowerment of farm women” under the UNDP funded project ‘Strengthening agri-nutri linkage for enhancing nutritional security and empowering farm women in India: Leveraging agriculture for nutrition’ at Sandel kalan village,



Simulation exercises for entrepreneurship by staff

Sonipat district, Haryana during August 16-18, 2018. A group of 50 rural women who are members of various Self Help Groups and Anganwadi workers participated in the training.

First day began with registration and pre-test of the trainees. Dr. Sukanya Barua, Scientist, Agricultural Extension addressed the trainees about the project and its vision and emphasized the importance of economic empowerment & nutritional security to rural women. It was followed by motivational videos for starting nutriprenuership.



Registration of trainees



Videos for motivation being showcased

The second day was solely for demonstration of bajra products like *bajra ladoo* and bajra puff preparation. Nutri products of ICAR-IARI were showcased and explained. Finally on the third day, lecture on dairy farming and preparation of



Hands on training session on bajra ladoo preparation



Various bajra based products made by trainees post training



Best trainee with certificate and nutri kitchen garden kit



Trainees with the team

value added dairy products was delivered by Dr. Ashok Kumar, former professor of Hissar Agricultural University and progressive farmer. Post-test of the trainees were also conducted. Besides certificates, IARI summer vegetable seeds were distributed to the participants. Then IARI Nutri kitchen garden kit was especially given to the best trainees (Krishi Sakhis). Dr. Sukanya Barua and Dr. V. Sangeetha, Scientists (Agricultural Extension), and the Project staffs Mr. Ravi Shankar (SRF), Ankush Kumar (Field Assistant), Ms. Chetna (Field Assistant) organized the training programme under the guidance of Dr. Satyapriya (PI, UNDP Project) and Dr. Premlata Singh (Head, Agricultural Extension and Co-PI).