

Training on “Nutritional security and economic empowerment of farm women” under UNDP funded project to the rural women at Sandel kalan village, Sonipat district, Haryana

Division of Agricultural Extension, ICAR – Indian Agricultural Research Institute (ICAR-IARI), New Delhi, organized a training programme on “Nutritional security and economic empowerment of farm women” under the UNDP funded project ‘Strengthening agri-nutri linkage for enhancing nutritional security and empowering farm women in India: Leveraging agriculture for nutrition’ at Sandel kalan village, Sonipat block, Sonipat district, Haryana during July 11-13, 2018. A group of 50 rural women who are members of various Self Help Groups and *Anganwadi* workers participated in the training. First day began with registration and pre-test of the trainees.



Simulational exercises being undertaken



Registration of the trainees



Videos being showcased for motivation

Dr. V. Sangeetha, Scientist, Agricultural Extension addressed the trainees about the project and its vision and emphasized the importance of economic empowerment & nutritional security to rural women. It was followed by showing videos of successful cases for starting nutriprenuership. The second day had a training on soybean based value added products viz. soy milk, soy tofu etc. The session was handled by Dr. D. K. Dhingra, Principal Scientist, Agricultural Engineering, ICAR, New Delhi along with project staff. Finally on the third day, post-test of the trainees was conducted. Height and weight of the trainees was also undertaken to calculate their BMI (Body Mass Index). A lecture session on bank linkages and enterprise formation was delivered by resource person Dr. R.K. Sharma, Manager, PNB branch, Tundli, Sonipat. Besides certificates, summer vegetable seeds of radish (Pusa Chetki) were distributed to the participants. Then, IARI Nutri-kitchen garden kit was especially given to the best trainees (*Krishi Sakhis*).

Dr. V. Sangeetha and Dr. Sukanya Barua, Scientists (Agricultural Extension), and the Project staffs Mr. Ravi Shankar (SRF), Dr. Himanshi Rathore (SRF), Ankush Kumar (Field Assistant), Ms. Chetna (Field Assistant) and Mr. Satyaprakash, Technical Officer organized the training programme under the guidance of Dr. Satyapriya (PI, UNDP Project) and Dr. Premlata Singh (Head, Agricultural Extension and Co-PI).



Dr. Dhingra showcasing prepared soy tofufu



Height and weight of the trainee being undertaken



Trainees with certificates



Krishi sakhis being awarded with nutri-kitchen garden kits and certificates