

A training programme on “Nutritional security and economic empowerment of farm women” under UNDP funded project to the farm women at Jharli village (Jhajjar block, Jhajjar district) Haryana

Division of Agricultural Extension, ICAR – Indian Agricultural Research Institute (ICAR-IARI), New Delhi, organized a training programme on “Nutritional security and economic empowerment of farm women” under the UNDP funded project ‘Strengthening agri-nutri linkage for enhancing nutritional security and empowering farm women in India: Leveraging agriculture for nutrition’ at Jharli village, Jhajjar block, Jhajjar district, Haryana during August 8-10, 2018. A group of 52 rural women representing various Self Help Groups participated in the training.

First day began with registration and pre-test of the trainees followed by demonstration of preparation of *Bajra ladoo* and *Bajra matthi*. Dr. Venu Lenin, Principal Scientist (Agricultural Extension) addressed the trainees about the



Registration of trainees underway



Dr. V. Lenin addressing the trainees

motivation. It was followed by lectures on livestock, dairy development and fodder management by officials from Department Animal Husbandry and Dairy, Hissar, Haryana. A lecture session on establishing a nutri-kitchen garden was handled by Dr. Shrawan Kumar, Scientist, ICAR-IARI. On the third day simulation exercises were undertaken by the project staff. Post-test of the trainees were conducted. A lecture session on millet security as a means for nutritional security was delivered by Dr. Teekam Singh, Sr. Scientist, ICAR-IARI. Seeds of ICAR-IARI vegetables were distributed

project and its vision and motivated them for economic empowerment.

The second day began with demonstration on soybean based products soy milk and soy tofu. This was followed by showcasing videos of successful entrepreneurs for insight and



Trainees with trainer: hands on session

to the trainees and the best trainees (Krishi Sakhis) were awarded with kitchen garden kit. This was followed by distribution of certificates and official vote of thanks.

Dr. Venu Lenin, Course Director and Principal Scientist (Agricultural Extension), Mr. Satya Prakash, Senior Technical Officer and the Project staff viz. Mr. Ravi Shankar, SRF, Ankush Kumar, Field Assistant and Chetna Nagar, Field Assistant organized the training programme under the guidance of Dr. Satyapriya (PI,UNDP Project) and Dr. Premlata Singh (Head, Agricultural Extension).



Dr. Shrawan Kumar delivering a lecture on nutri kitchen garden establishment.



Dr. Teekam Singh lecturing on millet security towards nutritional security.



Feedback by a trainee



Certificates and nutri kitchen garden kit being given to best trainee