

**A training programme on “Nutritional security and economic empowerment of farm women” under UNDP funded project to the farm women at Ismailpur village (Badli block, Jhajjar district) Haryana**

Division of Agricultural Extension, ICAR – Indian Agricultural Research Institute (ICAR-IARI), New Delhi, organized a training programme on “Nutritional security and economic empowerment of farm women” under the UNDP funded project ‘Strengthening agri-nutri linkage for enhancing nutritional security and empowering farm women in India:



*Demonstration of bajra ladoo underway*

Groups participated in the training.

First day began with registration and pre-test of the trainees followed by demonstration of preparation of *Bajra ladoo* by one of the *Krishi Sakhis* of the earlier training at Nangla village. Followed by second demonstration on preparation of mango squash by a former

trainee from Munda Kheda village. Dr. Venu Lenin, Principal Scientist (Agricultural

Leveraging agriculture for nutrition’ at Ismailpur village, Badli block, Jhajjar



*Registration of trainees*

district, Haryana during May 17-19, 2018. A group of 50 rural women representing various Self Help



*Demonstration of mango squash*



*Dr. Kanta Singh delivering a lecture on agri nutri linkages*



*video being showcased to the trainees*

Extension) addressed the trainees about the project and its vision and motivated them for economic empowerment.



*Bajra mathri being demonstrated*

exercises were undertaken by the project staff.

The second day began with showcasing videos of successful entrepreneurs for insight and motivation. A lecture session was handled by Dr. Kapila Shekhawat, Scientist, Division of Agronomy, ICAR-IARI package of practices of *Bajra* cultivation and value addition. The session was followed by display of nutri products of ICAR-IARI and a brief on technology involved. A demonstration of preparation of *Bajra Mathri* was conducted by the *Krishisakhi* from Munda kheda.

Dr. Kanta Singh, State Project Head, UNDP along with 3 other UNDP staff, inaugurated the training programme. She also delivered a lecture on importance of agri nutri linkages. Simulation



*Dr. Kapila Rathore delivering a lecture on scientific bajra cultivation.*



*Distribution of certificates to the trainees*



*Bajra products made by the trainees*

On third day lectures on bank linkages and lending support, Haryana Rashtriya Livelihood Mission activities was delivered by resource person from Jhajjar. Post-test of the trainees were conducted. Seeds of ICAR-IARI vegetables were distributed to the trainees and the best trainees

(*Krishi Sakhis*) were awarded with kitchen garden kit. This was followed by distribution of certificates and official vote of thanks.

Dr. Venu Lenin, Course Director and Principal Scientist (Agricultural Extension), Mr. Satya Prakash, Senior Technical Officer and the Project staff viz. Mr. Ravi Shankar, SRF, Ankush Kumar, Field Assistant and Chetna Nagar, Field Assistant organized the training programme under the guidance of Dr. Satyapriya (PI,UNDP Project) and Dr. Premlata Singh (Head, Agricultural Extension).