

Training on
Nutritional Security and Economic Empowerment of Women Farmers
organized by Division of Agricultural Extension, ICAR-IARI

Division of Agricultural Extension, ICAR-Indian Agricultural Research Institute (IARI), organised a three days training programme on ‘**Nutritional Security and Economic Empowerment of Women Farmers**’ under the UNDP funded project ‘**Strengthening Agri-nutri linkage for enhancing nutritional security and empowering farm women in India: Leveraging Agriculture for Nutrition**’ at Jahari village, Sonipat, Haryana during 15-17th May, 2017. Dr.Satyapriya (Sr.Scientist & PI), Dr.Premlata Singh, Head, Dr.V.Sangeetha & Dr.Sukanya Barua, Scientists and Mr.Satya Prakash (T.O.) organized and conducted the training programme for three days.

A group of 55 rural women from various Self Help Groups (SHGs) of Jahari village in Sonipat, Haryana were the participants of the training program. During the training programme, experiential exercises were conducted and videos on mushroom cultivation, success stories of women entrepreneurs and on general nutrition were screened to increase the awareness level of the participants on agri-nutrition and to motivate them. The resource persons were from IARI, New Delhi, Haryana Agro-industry Co-operation (HAIC), NABARD, Punjab National Bank (PNB) and WHO funded NGO *etc.* Apart from certificates, the participants were given *amaranthus seeds* and the selected best participants were also given Pusa Nutri-kitchen garden kit and *moringa* saplings to grow them in available waste lands and also for their own consumption.



Welcome address by Dr.Premlata Singh, Head, Agril.Extension



Orientation about the training by Dr.Satyapriya, Sr.Scientist & PI



Screening of videos to the participants



Experiential exercises



Measuring nutritional status of participants (BMI)



Showcasing of IARI Nutri products



Training on mushroom cultivation by Dr.R.K.Sharma, Pr.Scientist (Plant Pathology)



Compost preparation for mushroom cultivation



Certificate, Nutri Kitchen garden kit, *Moringa* sapling and *Amaranthus* seed distribution



UNDP project team with the participants at Jahari village, Sonipat (Haryana)