

Training on
Nutritional Security and Economic Empowerment of Women Farmers
Organized by Division of Agricultural Extension, ICAR-IARI

Division of Agricultural Extension, ICAR-Indian Agricultural Research Institute (IARI), organized a three days training programme on **‘Nutritional Security and Economic Empowerment of Women Farmers’** under the UNDP funded project **‘Strengthening Agri-nutri linkage for enhancing nutritional security and empowering farm women in India: Leveraging Agriculture for Nutrition’** at Tharu village, Sonipat, Haryana during 18-20th July, 2017. Dr. Satyapriya (Sr.Scientist & PI), Dr. Premlata Singh, Head & Dr. Sukanya Barua, Scientist and Project staffs organized and conducted the training programme for three days.

A group of 50 rural women from various Self Help Groups (SHGs) and Pradhan of gram panchayet of Tharu village, Sonipat, Haryana were the participants of the training programme. During the training programme, experiential exercises were conducted and videos on azolla production and vermicompost making, success stories of women entrepreneurs and on general nutrition were screened to increase the awareness level of the participants on agri-nutrition and to motivate them. The resource persons were from IARI, New Delhi, Punjab National Bank (PNB)-Rural Self Employment Training Institute(RSETI), Krishi Vigyan Kendra (KVK), Sonapat.

Apart from certificates, the participants were given amaranthus seeds and azolla for multiplication. Three ‘Krishi Sakhi’ were selected based upon the best performance in training. ‘Krishi Sakhis’ are awarded with Pusa Nutri-kitchen garden kit and lemon saplings consumption and multiplication.



Pre-knowledge testing of Trainees



Data collection BMI Indicator



Motivational Exercises



Lecture on Nutri foods and value addition



Lecture on Vermicompost production by Dr. Jogender Singh, KVK, Sonapat



Demonstration on Azolla cultivation in farmers' field by Dr. Y.V Singh, Principal Scientist, IARI, New Delhi



Lecture on linkages with Punjab National Bank(PNB)-RSETI



Session on Azolla cultivation and its nutritional benefits



Certificate, Kitchen garden kit and lemon sapling distribution to participants



UNDP project team with participants at Tharu village, Sonapat Haryana