

A training programme on “Nutritional security and economic empowerment of farm women” under UNDP funded project to the farm women at Jhari village, Sonipat district, Haryana

Division of Agricultural Extension, ICAR-Indian Agricultural Research Institute (ICAR-IARI), New Delhi, organized a training programme on “Nutritional security and economic empowerment of farm women” under the UNDP funded project ‘Strengthening agri-nutri linkage for enhancing nutritional security and empowering farm women in India: Leveraging agriculture for nutrition’ at Jhari village of Rohtak division, Sonipat district, Haryana during June 28-30, 2017. A group of 50 rural women representing various Self Help Groups participated in the training.

Simulation exercises, video shows on motivation and empowerment and lectures on post-harvest products of Pearl Millet and cultivation of Pearl Millet for nutritional security were conducted. Sessions on NGO support, DRDA programmes and bank linkages were also delivered. Seeds of ICAR-IARI Pearl Millet varieties (Pusa composite 443 & 701) were distributed to the trainees. The best trainees were given Pusa nutri garden kitchen kit, moringa cuttings and curry leaf saplings to grow it in their back yard gardens. Pre & post-tests of the trainees were conducted. Videos on bajra and its nutritional benefits, bajra products preparation, nutrition and entrepreneurship were shown to the trainees.

Dr.V. Sangeetha and Dr. Sukanya Barua, Course Directors and Scientists (Agricultural Extension), Mr.Satya Prakash, Senior Technical Assistant and the Project staff viz., Dr. Prince Kumar and Mr. Ravi Shankar, SRFs and Ms. Renu and Mr. Ankush, Field Assistants organized the training programme under the guidance of Dr. Satyapriya (PI, UNDP Project) and Dr. Premlata Singh (Head, Agricultural Extension and Co-PI).

Trainees and trainers/Resource persons



Dr. Premlata Singh, School Coordinator, Social Sciences and Head, Division of Agricultural Extension, ICAR-IARI interacting with the trainees



Dr.S.P.Singh, Sr.Scientist, Division of Genetics, ICAR-IARI delivering a lecture on nutritional aspects of Pearl Millet varieties PC-443 and PC-701



Dr. R.S.Bana, Scientist, Division of Agronomy, ICAR-IARI delivering a lecture on cultivation of Pearl Millet.



Demonstration on value added products of Pearl Millet



Mrs. Sunila Lachab, President, *Viswa Karma* Educational Society, Sonipat providing information about NGO support to SHGs



Mr. Naresh Sharma, Lead District Manager, Sonipat talking about loan opportunities for women



Mr. Darshan Singh Rathee, Planning officer, District Rural Development Agency (DRDA), Sonipat providing information on various government schemes



Certificate and Nutri kitchen garden kit distribution to the trainees



Project staff with the trainees