

**Training on**  
**Nutritional Security and Economic Empowerment of Women Farmers**  
**Organized by Division of Agricultural Extension, ICAR-IARI**

Division of Agricultural Extension, ICAR-Indian Agricultural Research Institute (IARI), organized a three days training programme on **‘Nutritional Security and Economic Empowerment of Women Farmers’** under the UNDP funded project **‘Strengthening Agri-nutri linkage for enhancing nutritional security and empowering farm women in India: Leveraging Agriculture for Nutrition’** at Jahari village, Sonipat, Haryana during 4-6<sup>th</sup> July, 2017. Dr. Satyapriya (Sr.Scientist & PI), Dr.Premlata Singh, Head, Dr. V. Sangeetha & Dr. Sukanya Barua, Scientists and Project staffs organized and conducted the training programme for three days.

A group of 50 rural women from various Self Help Groups (SHGs) of Jahari village in Sonipat, Haryana were the participants of the training programme. During the training programme, experiential exercises were conducted and videos on compost making, success stories of women entrepreneurs and on general nutrition were screened to increase the awareness level of the participants on agri-nutrition and to motivate them. The resource persons were from IARI, New Delhi, Haryana Agro-industry Co-operation (HAIC), Krishi Vigyan Kendra (KVK), Sonapat and WHO funded NGOs.

Apart from certificates, the participants were given *amaranthus seeds and culture for compost making*. Three ‘Krishi Sakhi’ were selected based upon the best performance in training. ‘Krishi Sakhis’ are awarded with Pusa Nutri-kitchen garden kit and *moringa* saplings to grow them in available waste lands and also for their own consumption.



Registration and training kit distribution of participants



Orientation about training by Dr. V. Sangeetha, Scientist, IARI



Pre-knowledge testing of Trainees



Data collection BMI Indicator



Motivational Exercises



Experiential Exercises by Dr. Premlata Singh, Head, Division of Agricultural Extension



Lecture on Compost preparation by Dr. Lavleen Shukla, Principal Scientist, Division of Microbiology, IARI



Demonstration on Compost making in farmers' field



Certificate, Moringa cutting and seed distribution to participants



UNDP project team with participants at Jahari village, Sonapat Haryana