

A training programme on “Nutritional security and economic empowerment of farm women” under UNDP funded project to the farm women at Sehjadpur village (Sonipat district, Haryana)

Division of Agricultural Extension, ICAR – Indian Agricultural Research Institute (ICAR-IARI), New Delhi, organized a training programme on “Nutritional security and economic empowerment of farm women” under the UNDP funded project ‘Strengthening agri-nutri linkage for enhancing nutritional security and empowering farm women in India: Leveraging



Registration of trainees

Dr.V.Sangeetha, Scientist (Agricultural Extension) addressed the trainees



Bajra pop is distributed to the trainees

The second day had a session on nutritional aspects of Bajra and then, nutri products of ICAR-IARI were showcased. It was followed by training on preparation of Bajra pop and Bajra ladoo,



agriculture for nutrition’ at Sehjadpur village, Sonipat block, Sonipat district, Haryana during February 19-21, 2018. A group of 51 rural women representing various Self Help Groups participated in the training.

First day began with registration and pre-test of the trainees.

and emphasized the importance of economic empowerment & nutritional security to rural women. It was followed by *BMI of trainees being undertaken* entrepreneurial motivation

exercises. BMI of the participants were also undertaken.



Trainees preparing bajra ladoo

traditional snacks.

Motivated Trainees with bajra snacks prepared by themselves

Finally on the third day, session on Finance & banking for SHGs to start nutripneurship was undertaken by Mr.A.K.Gandhi, ADM, Punjab



Krishi Sakhi being rewarded with summer moong and Nutri Kitchen garden kit



Project team with trainees

National Bank, Sonipat. Post-test of the trainees were conducted. Besides certificates, amaranthus seeds were distributed to the participants. Then IARI Nutri kitchen garden kit & seeds of summer mung (Pusa Vishal) were especially given to the best trainees (*Krishi Sakhis*). This was followed by official vote of thanks.

Dr. V. Sangeetha and Dr. Sukanya Baruah, Scientists (Agricultural Extension), and the Project staffs Mr. Ravi Shankar (SRF), Ankush Kumar (Field Assistant) organized the training programme under the guidance of Dr. Satyapriya (PI, UNDP Project) and Dr. Premlata Singh (Head, Agricultural Extension and Co-PI).