

Capacity Building Programme of Rural Farm women on Organized by Centre for Agricultural Technology Assessment and Transfer

Today, food security concerns include not only the problems of physical availability of food stocks but also of nutrition practices and knowledge that can help or hinder the absorption of food into the body. To address this, an awareness campaign cum training programme on “ Value addition in Amla for Nutrition Security” was organized for farm women by Centre for Agricultural Technology Assessment and Transfer, ICAR-Indian Agricultural Research Institute, New Delhi under In-house Research project “Outscaling Agricultural Innovations for Enhancing Farm Income” at Rajpur , Aligarh , U.P. on 19th December, 2017.

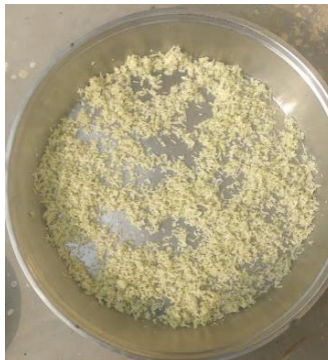
Dr. Pratibha Joshi, Scientist and Sh. PP Maurya organized this programme and Farm women were made aware about the benefits of amla and its importance in household nutrition. In the event, preparation of Amla Pickle, Amla Powder, Amla Supari, Jam, Amla Squash are being demonstrated with participatory technique. A model Nutrition garden is also being established at village premises to demonstrate the cultivation and importance of nutrition security to rural people. About 20 farm women participated in the participatory training programme and appreciated the products. Literature containing information benefits of amla and its value added products for health and nutri- value is also provided to farm women.



Amla Pickle



Amla Supari



Drying of amla for powder



Amla Jam



Preparation of amla products through participatory method