

**Training Programme of rural women on
“Amla based products for Nutrition security”
Organized by Centre for Agricultural Technology Assessment and Transfer**

Training programme on Amla based products for Nutrition security of rural household was organized for farm women by Centre for Agricultural Technology Assessment and Transfer, ICAR-Indian Agricultural Research Institute, New Delhi under In-house Research project “Outscaling Agricultural Innovations for Enhancing Farm Income and Employment” and a MGMG adopted village (Khajurka, Palwal, Haryana) on 25th November, 2017. Dr. Nishi Sharma, Sr. Scientist and Sh. Nand Kishore organized this programme.

Women were made aware about the benefits of amla and its importance in household nutrition and its. Farm women were also imparted hands on training on preparation of Amla products like amla *chatni*, amla *supari*, amla jam and amla pickle. About 30 farm women participated in the training. Women appreciated all the products. Handouts on recipes were also distributed to women for future reference.

